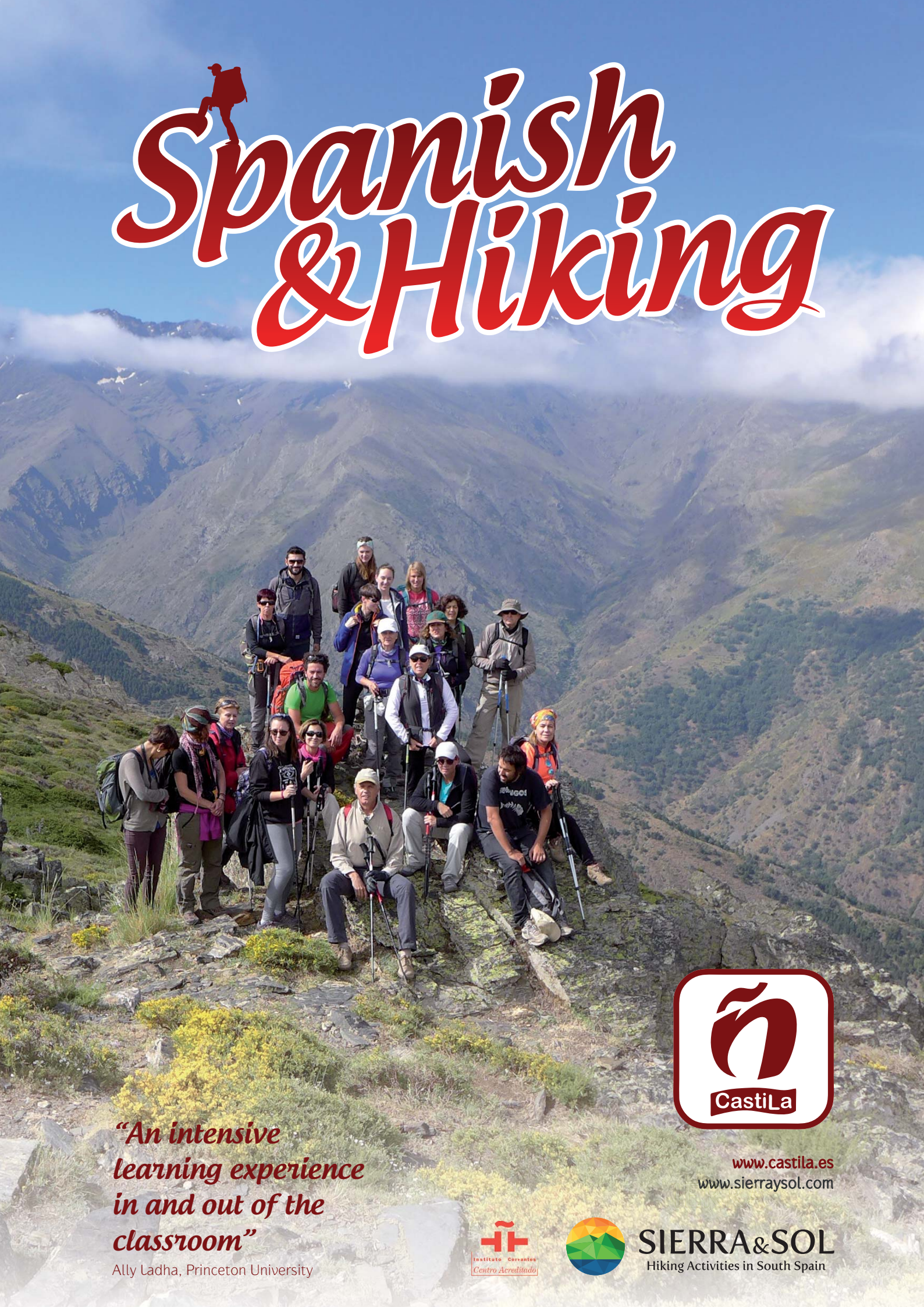
Spanish & Hiking



"An intensive learning experience in and out of the classroom"

Ally Ladha, Princeton University

CastiLa

www.castila.es
www.sierraysol.com

Instituto Cervantes
Centro Acreditado

SIERRA&SOL
Hiking Activities in South Spain

Granada is a beautiful city much appreciated for its history, its culture, its vibrant nightlife, as well as its natural surroundings.

Home to the Iberian Peninsula's highest mountain and bordering the Mediterranean coast, Granada's landscape is rich and diverse. Thanks to the extensive network of hiking trails, you can explore all four Natural Parks and one National Park and get to know beautiful valleys and villages such as La Alpujarra.

Castila and Sierra&Sol are pleased to offer you a unique experience combining nature as well as linguistic and cultural immersion.

Two different ways to combine Spanish and Hiking activities:

1. Standard Spanish + Hiking programme: 1 or 2 weeks with Spanish lessons and hiking (with Spanish teachers and other Spanish hikers)
2. Combining a Spanish Course with a Specific Hiking Programme (full weekend, bank holidays or midweek) with a Spanish Course.

1. Structure of the standard programme

Spanish in the classroom

- 4 lessons per day
- 20 Classes per week
- 50 minutes duration of classes
- Method: teacher rotation
- Material included in the price: books and all the necessary equipment

Social and cultural activities: daily with Spanish teachers.

In these full-immersion language courses, you will interact with your teachers, Spanish students, mountain guides and local hikers.

Hiking Activity Programme

Programme for 1 week
- Two short hikes (3-4 hours) on Tuesday and Thursday afternoons
- 1-day hike on Saturday
- 1-day hike on Sunday

Programme for 2 weeks
- Four short hikes (3-4 hours) on Tuesday and Thursday afternoons each week
- 1-day hike on Saturday
- 1-day hike on Sunday
- If students stay in Granada after the end of the course, they will be invited to go on another excursion for free.

On the Sunday hikes you will join a group of local Spanish hikers from Granada.

Distribution of time and academic activities

A. Grammar-based practice

2 classes per day

Explanations of grammar points and immediate practice in real communicative situations. Homework correction.

B. Practice and conversation based on thematical units

2 classes per day

Oral and written exercises, comprehension practice (audio-visual material and analysis of documents or magazines, books, television, and radio) and conversation related to the specific topics studied.

C. Extracurricular activities (optional)

To gain knowledge of a language, cultural immersion is necessary. With this in mind, CastiLa offers different social activities that help foreign students integrate into Spanish life. These are a wide variety of activities, including Spanish movies, thematic evenings, musical evenings, trips, visits, parties, sports, tapas time and paellas.

H. Hiking activities

Practise Spanish whilst walking and discovering the beauty of the natural areas that surround Granada. Learn about our natural and cultural heritage, the landscape and its flora and fauna among other things. You will be able to share these hikes with other students or local hikers in order to really immerse yourself in this natural world.

H* For two-week courses the hikes on Saturday and Sunday correspond to the first weekend.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 - 10:20	A	A	A	A	A	H*	H*
10:25 - 11:15	A	A	A	A	A	H*	H*
11:15 - 11:50	BREAK	BREAK	BREAK	BREAK	BREAK	H*	H*
11:50 - 12:40	B	B	B	B	B	H*	H*
12:45 - 13:35	B	B	B	B	B	H*	H*
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	H*	H*
AFTERNOON	C	H	C	H	C	H*	H*

2. Combining a Spanish Course with a Specific Hiking Programme:

Students of CastiLa can complement their Spanish Course (4 or 6 classes daily) at their convenience with a Specific Hiking Program.

The Specific Hiking Programs are always organized with Spanish teacher-guides and other Spanish hikers. The hiking programme consists of:

- The travel
- Acommodation in very well-equipped establishments, integrated in the natural environment
- Full days hiking
- Meals and additional activities together with the group

Altogether a wonderful opportunity to put into practice your Spanish skills into practice.

Spanish and hiking - Calendar 2019

1.Standard Spanish Course + Hiking Programme:

1. Standard Spanish Course + Hiking Programme:
1 or 2 weeks of Spanish classes in the mornings and hiking (together with a Spanish teacher-guide and other Spanish hikers) on Tuesday and Thursday afternoons, and for the full day on Saturday and Sunday.

2018				2019							
SEP	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG
22	1	5	10	7	4	4	1	13		15	
17	8	19	17	14	18	18	15	27			
24	22										
A			B					C	D	E	

Prices

1. Standard hiking programme
1-week programme: .....**507€**
2-week programme: .....**837€**

* Students with some knowledge of Spanish (low or high level)

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2.Combining a Spanish Course with a Specific Hiking Programme

Months when special hiking programmes are scheduled:

According to Standard program!

A Oct. 19th-23th, 5 days´ hiking: *Fuentes del Nacea-Reserva integral Muniellos*. Booking deadline September 18th.
B Dec. 6th–9th, 4 days´ hiking: *Parque naturales de El Estrecho y de los Alcornacales, Cadíz*. Booking deadline November 6th
C May 3th–5th. 3 days´ hiking: *Parque Natural Subbético Cordobés*. Booking deadline April 3th.
D June. 15th–22th, 8 days´ hiking: Camino de Santiago - Asturias. Booking deadline May 16th.
E July. 6th–7th, 2 days´ hiking: Fin de Semana Sierra Nevada. Booking deadline June 6th.

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